

Ride the wave!

Over 200
strong!



Students With a Mission

STUD—which stands for **Stop Tigard Underage Drinking**—is an amazing group of Tigard high school students dedicated to keeping all underage kids drug and alcohol free. Members agree to remain drug and alcohol free themselves while promoting their message of prevention.

Taking action.

It's amazing what students can do when they put their minds to it!

- STUD members have partnered with law enforcement, the school district, and other community leaders in hosting town halls.
- They've promoted their prevention message through media campaigns in the schools and the community.
- Working with the school district, STUD has provided alcohol- and drug-free fun events for Tigard youth to attend
- And much more!

In only three years, STUD membership has grown to over 200 students!

It's Time to come together!

Get involved! Any organization, agency or individual that supports the mission of the TTT Coalition may become a member. Member organizations may designate a representative to maintain open communication with the Coalition.

TTT seeks the involvement of individuals from these community sectors:

- Parents
- Youth
- Schools
- Health Care
- Media
- Law Enforcement
- Civic/Volunteer
- Business
- Youth-Serving Organizations
- Community Members
- Local Government
- Higher Education
- Substance Abuse Treatment
- Religious/Fraternal
- At-Large Members

For more info:

503-431-4022

www.tigardturnsthetide.org



Membership Form

Mail to:
Tigard Turns the Tide
6960 SW Sandburg St., Tigard, OR 97223

Name _____

Organization _____

Address _____

City _____ Zip _____

Home Phone _____

Cell Phone _____

E-mail _____

Interested in joining:

- TTT Coalition STUD Youth Coalition

It's Time

To turn the tide on underage drinking and drug use!



A community coalition working together to prevent drug and alcohol use among Tigard youth.



It's Time to care!

A Community Effort

By engaging parents, students, teachers, school administrators, law enforcement and other community partners, Tigard Turns the Tide (TTT) Coalition promotes a safe, healthy community through efforts to prevent and end underage drinking and drug use by Tigard youth.

Why should we care?

- Research has shown that alcohol and drug use does affect brain development well beyond the teen years.
- Underage drinking and drug use is related to lower academic achievement, increased auto accidents, and higher rates of youth suicides. It can lead to risky behaviors such as unwanted sex and criminal activity.
- The earlier a person begins to use alcohol and drugs, the more likely they will have addiction problems later in life. Unfortunately, many Tigard youth are beginning to experiment with drugs and alcohol as early as 11 and 12 years old.

The earlier we engage our youth on these issues, the better chance we'll have to educate them about the risks involved in drinking and doing drugs!

It's Time to listen!

Our Youth Have a Message

Become involved! It takes a combined effort by parents, educators, community leaders and members to turn the tide and reduce the use of alcohol and drugs by youth.

The following is a list of initiatives that provide opportunities for volunteering and becoming involved.

1. Positive Connections

Volunteers are needed to coordinate events and activities with the schools and the City that empower youth and give them the opportunities to build relationships with supportive adults. Events include health fairs, town halls, educational awareness nights, red ribbon week events, sports assemblies, and more.

2. Positive Media Campaigns

Volunteers are needed to work with students on positive media campaigns in the schools and the community. These campaigns change student and adult misperceptions about youth substance use and other risky behaviors. The goal is to reduce the peer pressure to conform to false norms. The students have produced posters and videos that show the positive impact of staying alcohol- and drug-free.



3. Environmental Strategies

Volunteers are needed to help develop and implement strategies and review public policies that reduce underage access to alcohol and drugs at home and in the community.

4. Strengthen Collaboration

Volunteers are needed to help establish and strengthen collaboration among community schools, private and non-profit agencies, federal, state and local governments, and local businesses to support and promote healthy, positive development in Tigard youth.

Join us!



It's Time to make a difference!